



Serving Cabarrus, Davidson, Rowan, Stanly and Union Counties

CONSUMER/FAMILY ADVISORY COMMITTEE

“Our mission is to ensure that Consumers receive quality services.”

September 16, 2008

MINUTES

Members Present: David Bullins, Chair; Andrea Stevens, Co-Vice-Chair; Ann Medlin; Bart Kean; Dawn Bierschbach; Jeff Euto; John Hufton; Sarah Boyd; Mary Sechler; Linda Mercado; Major Sampson; Rick Samuels; Stephen Brannan

Guests Present: Peter Euto; Robin Boyd; Dora Hufton; Leno Mercado

Members Absent: Vernon Worrell, Beverly Morrow, Lemar Underwood, Michael Kinlow

PBH Staff Present: Pam Shipman, Deputy Director of PBH; Shelby Marlow, Administrative Assistant with Community Relations; Bonnie Schell, Director of Consumer Affairs

The CFAC assembled at 6:00pm for a buffet dinner.

I. WELCOME & INTRODUCTIONS:

David Bullins called the meeting to order at 6:30 pm and welcomed all guests in attendance.

II. APPROVAL OF MINUTES AND REVIEW OF AGENDA:

David asked the committee to review the minutes for August 19, 2008. Rick made a motion to approve the minutes. Ann seconded the motion. The minutes were approved as presented.

III. REPORT OF MEMBERSHIP COMMITTEE:

Dawn reported the membership committee had a Meet and Greet with Stephen Brannan prior to the CFAC meeting. The committee is recommending that Stephen and Melanie Frick be accepted as CFAC members. Dawn explained that Melanie was currently residing in Rowan County. This would give Rowan six members. It was approved to do so in order to have SA representation on the CFAC committee. A vote was taken and all approved to accept both Stephen and Melanie on board.

IV. REPORT OF PERSON CENTERED PLANNING CONFERENCE COMMITTEE:

Andrea equally distributed the PCP Conference brochures between the members in order for each county to receive the same amounts. She requested that members email Suzanne Storch to report the locations they have placed these brochures to prevent duplicating distribution. Members are to refer people to the PBH website for registration. Andrea asked the members to encourage consumers to enroll and offer to help them if needed. All CFAC members need to register as well. The WRAP sessions are limited to 30 people and 17 have already signed up for

them as of this date. The next PCP planning committee conference call will be September 25th at 10am. Anyone wishing to be included in this call should contact Suzanne Storch prior to the meeting time. CFAC volunteers are needed as moderators. Please email Shelby if you are interested in doing this. Door prizes are needed. Andrea informed the members the Community Relations Department is giving ongoing support to the conference. Packets will be ready for stuffing on October 13th. Please let Suzanne know if you will be able to help. Bonnie asked that the members get the word out about the Power to Peers Pre-Conference on October 22, 2008. This is also being held at the Holiday Inn in Salisbury. Those wishing to register should contact Bonnie at 704-721-7007.

David informed the members of the NAMI NC Conference October 31 – November 1, 2008 in Raleigh. Their theme is also Power to Peers. To register to go www.naminc.org.

IV. PBH LME UPDATE:

Pam announced PBH has a new Director of Network Operations, Dr. Robin Susser. Dr. Susser has a PhD in psychology and has much experience in program development in MH/DD/SA. She joined the PBH team on September 1.

PBH Peer Support is coordinating with the MHA Peer Bridger Team to work with people going into the hospitals in order to link them to services when they are discharged. There is a need to make a connection with the hospital admissions offices.

A second group home is being opened to accept adult long term consumers from Broughton. This is a 24 hour supervision home in Albemarle that will be managed by Monarch. Renovations are in the works and Monarch has applied for a license. The goal is to have this group home up and running by the end of this year.

PBH received a grant for adolescent SA day program services for ages 13-18. Daymark will be providing these services at the Mills Home in Thomasville. There will be 16 beds for boys and 16 beds for girls.

Work is continuing on the two new Crisis Recovery Centers. Blueprints for the Union County site have been sent to the state for approval. There will be individual bedrooms for the consumers and a separate entrance for staff, law enforcement personnel and families. PBH consumers will have priority for admission with all others being placed on a wait list. Progress has been made at the site in Davidson County, though it has been slow.

Plans continue for PBH Administrative Offices to build and combine the three other locations into one building. When this happens it is the hope that Kannapolis CRC can move into the current PDS building. This is an ideal location near the hospital. The current location is too small and the consumers have to share bedrooms.

Andrea Misenheimer and Pam Shipman will be giving a presentation on the PBH Waiver the last week in October at a conference in Boston. They will tour crisis facilities for DD consumers while they are there. This will help PBH in their plans for such.

Pam and Dan have met with government campaign officials for Beverly Perdue, candidate for Governor. They gave a presentation on PBH and their successes. They are in the process of scheduling a time to meet with Pat McCrory's campaign officials to do the same.

Pam informed the members Dr. Lawrence, Director of the Division of Medical Assistants, has resigned.

CFAC is scheduled to report to the PBH Board on October 16th. As past Chair, Bart will prepare and give this report. Pam asked the members to let Bart know what you would like to have included in this report.

VI. PBH COMMUNITY NEEDS ASSESSMENT 2008:

David gave a brief review of the assessment that was given to the members at the May, 2008 CFAC meeting. The floor was then opened to the members for questions and/or comments regarding the assessment. Bart commented on #10, page 2 of the PBH Three Year Strategic Plan, *Ensure ongoing viability and financial stability of Daymark Recovery Services*. Pam explained that Daymark is PBH's largest provider, providing services to approximately 20,000 consumers. The other providers are not yet equipped to handle this load if Daymark were to close down. Daymark is also the only provider with Mobile Crisis Services, Advanced Assess and other critical programs. They cover all five PBH counties as well as Forsyth, Wilkes and Stokes Counties.

The final legislative action on the wait list – DD increased funding – PBH got what they requested. Catch up funding was not received by PBH. Information regarding the waiver slots has not been received. Pam hopes to have more information by the October meeting. There are 400 on the PBH wait list. The secretary is to get back with Dan regarding the \$3.6 million taken back by the state.

John asked if PBH has a count of consumers with eating disorders. Pam stated that will be looked at later. The main topics to continue working with are crisis programs, SA and Adolescent SA. PBH is trying to set up two intensive outpatient SA programs. DD issues are addressed with the waiver funding.

The upcoming CRC facility in Davidson will not be for those coming out of hospitals. It will be for crisis situations only. There was discussion about transition homes for those being discharged from hospitals. PBH wants to make this happen. PBH contracts with several area hospitals: Stanly Regional, Rowan Regional, High Point, Frye Regional (has a DD unit) and Old Vineyards (for children). It was suggested that CFAC members attend their county commissioners meetings to advocate for more local hospitals to contract with PBH.

Kannapolis CRC administers medication to its consumers using samples from drug representatives and local pharmacies. PBH pays for those medications. There are nine psychiatrists in the PBH area and telemedicine with Center Point.

A concern of the CFAC is the high rate of turn over in staff at group homes. Another concern regarding group homes is the small amount of money residents are given to live off during the month. Consumers only get \$66 per month to purchase toiletries, cigarettes, snacks, etc. This is

a federal program administered by the state. It was suggested CFAC develop a sub-committee to investigate this issue.

There will be another Community Needs Assessment early next year to assess how PBH has done during 2008. The new Three Year Plan will be due in 2010.

Ann rendered her resignation on the Network Council due to personal reasons. John volunteered to replace her on that committee. The CFAC voted and approved this.

Suggestions for the agenda for October include:

- PCP conference time
- CIT presentation – GA video
- Adopt priorities for the November meeting with Wilma

VII. ADJOURNMENT

Dawn made a motion to adjourn the meeting. Mary seconded. David adjourned the meeting at 8:10PM.

Respectfully Submitted,

Shelby Marlow
Administrative Assistant
Community Relations

Next Meeting is Tuesday, October 21, 2008

October, November and December Advisory Council Meetings Schedule

Cabarrus	Oct 7	300 Copperfield Blvd
	Nov 4	
	Dec 2	
Davidson	Oct 21	Health Dept. – Health Education Room
	Nov 18	
	Dec 16	
Rowan	Oct 23	cancelled (PCP Conference)
	Nov 20	Chamber of Commerce - upstairs
	Dec 25	cancelled (Christmas)
Stanly	Oct 14	Partnership for Children
	Nov 11	cancelled (Veteran’s Day)
	Dec 9	
Union	Oct 2	Partnership for Children
	Nov 6	
	Dec 4	